



## **Job Description**

**Job Title:** Fitness Consultant

**Hours of Work:** 40 hours / 20 hours

**Rate of Pay:** £11.50 Per Hour

**Reports to:** Leisure Manager, General Manager, Deputy General Manager

### **About Us:**

Continue our success story at Bryn Meadows Golf Hotel & Spa

An opportunity to be part of the award-winning team at Wales' Premier 4 \* Golf resort

We are looking for a talented and passionate Fitness Consultant to join our well established and successful team at Bryn Meadows Golf Hotel & Spa. Set in the beautiful panoramic scenery of Caerphilly, South Wales, Bryn Meadows boasts breath-taking views across 5 valleys with vistas as far as the Brecon Beacons, Our 4 star boutique golf resort incorporates 42 bedrooms (including 22 suites) A Par 71 18 hole mature golf course, a state of the art leisure complex and spa, and restaurant and banqueting for up to 400 guests.

Bryn Meadows was established in 1973 and has a rich heritage of providing outstanding service with a warm and personal approach.

### **Main Objectives:**

The Fitness Consultant is a key member, front facing member of the team and is responsible for ensuring our customers and members are consistently treated to an impeccable customer service experience.

### **Main Areas of Responsibility:**

Must have a minimum of Level 2 qualifications in Exercise & Fitness.

Promotes and maintains health and fitness by conducting floor and water classes.

Offers floor and water aerobics classes by designing programmes for varying levels of fitness; helping class members find appropriate-level classes for their level of fitness; giving instruction in the use of bands, ball, steps, and other aerobic equipment; ensuring safety of class members.

Maintains safe, secure, and clean environment by following and enforcing standards and procedures; maintaining the Leisure Club (land and water) and equipment; performing cardio-pulmonary resuscitation (CPR) and first aid as necessary.

Help to create an outstanding experience for the customer, so that customers are greeted professional, friendly, and timely manner.

Ensure all enquiries and complaints are dealt with promptly and efficiently and in confidence, referring them to the Manager where appropriate.

Promote sales, events and promotions of products and services to stimulate sales and customers when required. Upselling additional services.

Liaise with other departments, where necessary to meet the needs of the customer.

Ensure adherence to all company policies, procedures and guidelines.

Clock in and clock out of work every shift.

Attend staff meetings as requested.

To perform any duties reasonably requested by the Management Team.

### **What we offer:**

In addition to your salary, we offer discounted meals on duty and free car parking, Complimentary leisure facilities, Free use of facilities for PT sessions, Opportunity to complete Level 3 whilst on shift.

Please complete an application form and email it to [matthew.jenkins@brynmeadows.co.uk](mailto:matthew.jenkins@brynmeadows.co.uk)