

Chefs Homemade Soup	£6.95
Warm Freshly Baked Bread	
Confit Duck Croquettes	£7.95
Smoked paprika aioli	
Pan Seared Crab Cake	£9.50
Crispy leeks and katsu sauce	E3.50
Homemade Chicken and Pork Terrine Layers of cranberry and pistachios with pickled gherkins and crusty bread	£8.95
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Penderyn BBQ Pork Belly Bites	£8.50
Rustic Winterslaw	
Truffled Macaroni and Cheese Bites	£8.95
Welsh chilli jam	20.00
Welsh Rarebit Topped Wild Mushroom Tart	£9.50
Soft poached egg and a hollandaise sauce	
Blas Grazing Board	£13.95 for 1 / £25.95 for 2
-	1 1 1
Selection of sliced meats, mini mozzarella, grapes, olives, selection of crudite's, focaccia, c	rackers and dips
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~~~~Mains~~~~~	rackers and dips £15.95
Control of the segneration of th	£15.95
<b>Blas House Salad</b> Boiled hens egg, cheddar cheese, crispy bacon, red onion, tomato, house dressing <b>Warm Winter Superfood Salad</b>	
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Mains     Mains     Solve Salad     Boiled hens egg, cheddar cheese, crispy bacon, red onion, tomato, house dressing     Warm Winter Superfood Salad     Baby spinach, curly kale, roasted beets and squash, grilled asparagus, mixed seeds and nuts     Add Chargrilled Chicken Breast to your Salad £7.95     Slowly Braised Welsh Lamb Ragu Tagliatelle	£15.95
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Mains Annual State St	£15.95 £17.95 £19.95 £27.95
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For any allergens, please speak to a member of the team

## Blas Classics

Traditional Fish & Chips Garden peas and a homemade tartar sauce	£17.95
Locally sourced Pork and Leek Sausages Creamy mashed potato and a caramelised onion gravy	£17.95
<b>Chefs Curry of the Day</b> Coconut and chilli rice, garlic flat bread and mango chutney	£17.95
Welsh Faggots Creamy mashed potato, mushy peas and a rich homemade gravy	£17.95
~~~~Off the Grill~~~~~	
Roots and Bean Burger In a toasted brioche bun, baby gem lettuce, tomato, crispy onions, spicy relish, winterslaw and skin on fries	£17.95
Celtic Pride Beef Burger In a toasted brioche bun, baby gem lettuce, beef tomato, dijon mayo, crispy onions, winterslaw and skin on fries	£17.95
Homemade and Buttermilk Chicken Burger with Avocado In a toasted brioche bun, baby gem lettuce, tomato, crispy onions, spicey relish winterslaw and skin on fries	£18.95
Add Fried Egg, Bacon or Cheese for <b>£1.50</b> per item to any burger	
<b>8oz Grass Fed Ribeye Steak</b> Confit vine tomatoes, field mushroom, chunky chips and pea shoots	£26.95
<b>10 oz Sirloin Steak</b> Confit vine tomatoes, field mushroom, chunky chips and pea shoots	£29.95
<b>12oz Pork T-Bone Steak</b> Confit garlic and rosemary mushroom, roasted cherry vine tomatoes, triple cooked chunky chips and watercress	£22.95
Lemon, Garlic and Ginger Chargrilled Chicken Breast Winterslaw and skin on fries	£21.95

~~~~~Side Orders~~~~~

| Pancetta Parmesan Truffle Fries | Peppercorn Sauce  | Mixed Vegetables |
|---------------------------------|-------------------|------------------|
| Rosemary Salted Skin on Fries   | Port Wine Jus     | Garlic Ciabatta  |
| Sweet Potato Fries              | Diane Sauce       | Side Salad       |
| Chunky Chips                    | Blue Cheese Sauce | Onion Rings      |
|                                 |                   |                  |

All Side Orders £4.50 or 3 for £12

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| Bio at Bryn Meadows |  |  |
|---------------------|--|--|
| ~~~~Desserts~~~~~   |  |  |

| Chefs Homemade Sticky Toffee Pudding<br>Welsh gold ice cream, and butterscotch sauce | £7.50  |
|--------------------------------------------------------------------------------------|--------|
| Apple Crumble Cheesecake<br>Salted caramel sauce                                     | £8.25  |
| Warm Chocolate Fudge Cake<br>Welsh honeycomb ice cream                               | £7.95  |
| Chefs Homemade Almond Wedge<br>Welsh clotted cream ice cream and cherry gel          | £7.50  |
| Lemon Meringue Slice<br>Raspberry coulis and crushed meringue                        | £8.50  |
| Selection of Mario Ice Creams and Sorbets                                            | £5.95  |
| Selection of Welsh Cheeses, Grapes, Chutney, Celery and Crackers                     | £10.95 |

## ~~~~Port and Dessert Wines~~~~~

| Port                    | 100ml | Bottle | Dessert Wine                    | Glass | Bottle |
|-------------------------|-------|--------|---------------------------------|-------|--------|
| Grahams Fine White Port | £5.60 | £35.00 | Torres Floralis                 | £5.95 | £25.00 |
| Grahams LBV Port        | £6.90 | £43.00 | Hermanos Torrontes Late Harvest | £6.95 | £26.00 |
| Grahams Fine Ruby Port  | £5.90 | £37.00 |                                 |       |        |

## ~~~~Hot Beverages~~~~~

| Tea Selection   | £2.90 | Mocha         | £3.85 |
|-----------------|-------|---------------|-------|
| Cappuccino      | £3.85 | Flat White    | £3.60 |
| Café Latte      | £3.60 | Hot Chocolate | £3.85 |
| Single Espresso | £3.10 | Americano     | £3.60 |
| Double Espresso | £3.60 | Coffee Cream  | £3.60 |



| Ham Salad<br>Welsh Mature Chedder and a Caramelised Red Onion Chutney<br>Egg and Cress<br>Mature Welsh Chedder and Roasted Ham      | £8.95<br>£8.95<br>£8.95<br>£10.95 |
|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| <b>Chicken Club</b><br>Chicken, bacon, lettuce, tomato and dijon mustard                                                            | £15.95                            |
| All Served in a ciabatta or Bloomer bread with a Salad Garnish and Real Crisps<br>Upgrade to Chunky Chips for £2.00                 |                                   |
| <b>Fish Goujon</b><br>Served on a ciabatta, baby gem lettuce, homemade tartar sauce, Blas side salad and Anglesey Sea salted crisps | £12.95                            |

## Vegan and Vegetarian Menu

~~~~~ Starters ~~~~~

| <b>Chefs Homemade Soup</b><br>Vegan Cheese Fritter, Sour Dough Bread   | £6.95  |  |  |
|------------------------------------------------------------------------|--------|--|--|
| Deep Fried Halloumi<br>With a sweet chilli dip                         | £7.45  |  |  |
| Sweet Potato Bites<br>Rocket and Mint Yoghurt Dip                      | £8.45  |  |  |
| ~~~~~ Mains ~~~~~                                                      |        |  |  |
| Pea and Asparagus Risotto<br>With vegan cheese and crips rocket leaves | £21.45 |  |  |
| Three Bean Chilli<br>Served with rice and a toasted flatbread          | £18.45 |  |  |
| Pea and Mint Falafel Burger<br>With guacamole and sweet potato fries   | £17.45 |  |  |
| ~~~~~ Desserts ~~~~~                                                   |        |  |  |
| Chocolate and Clementine Torte<br>Served with a blood orange sorbet    | £7.45  |  |  |
| Salted Caramel Cheesecake<br>Served with a salted caramel sauce        | £7.45  |  |  |
| Selection Ice Creams and Sorbets                                       | £5.95  |  |  |
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